



# KARA's

## WALK TO REMEMBER

*Mitchell Park, Palo Alto  
600 E Meadow Dr, Palo  
Alto, CA 94306*



September 28<sup>th</sup> 2013

## WALK TO REMEMBER & COMMUNITY FESTIVAL



## Information

**Mitchell Park, Palo Alto**

**September 28<sup>th</sup>**

**Registration 09:00 am**

**Walk Kick off 10:00 am**

## Schedule

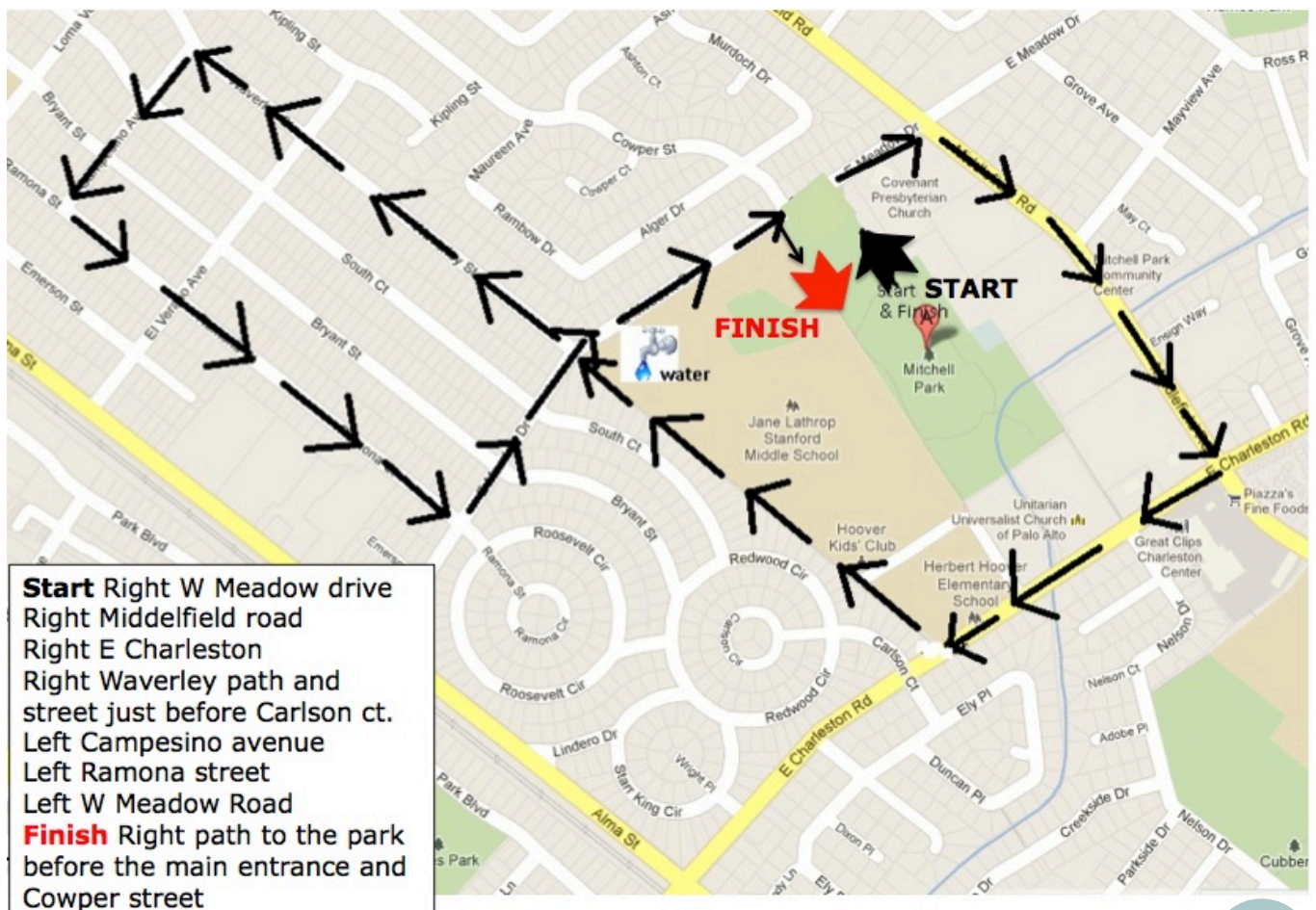
- 09:00 Registration opens
- 09:30 Opening Ceremony
- 10:00 Walk starts
- 11:30 Music, food trucks,  
games
- 02:00 Closing

Join us on a **5K walk**, and Health and wellness Fair. All while you honor the memory of a loved one and help raise funds for Kara's grief support programs.

Food and activities for kids and adults will be available after the walk. Come to enjoy fun and sharing!

# WALK MAP

- Please follow marked route for the walk – Turn right at the water station for a shorter walk. Keep straight for a longer route.
- Walgreens water station located at the corner of E. Meadow and Waverly.
- Keep a close eye on your children during the walk
- Use caution car and bicycle traffic
- Lost and Found and First Aid are both located at the finish area





# AFTER the WALK

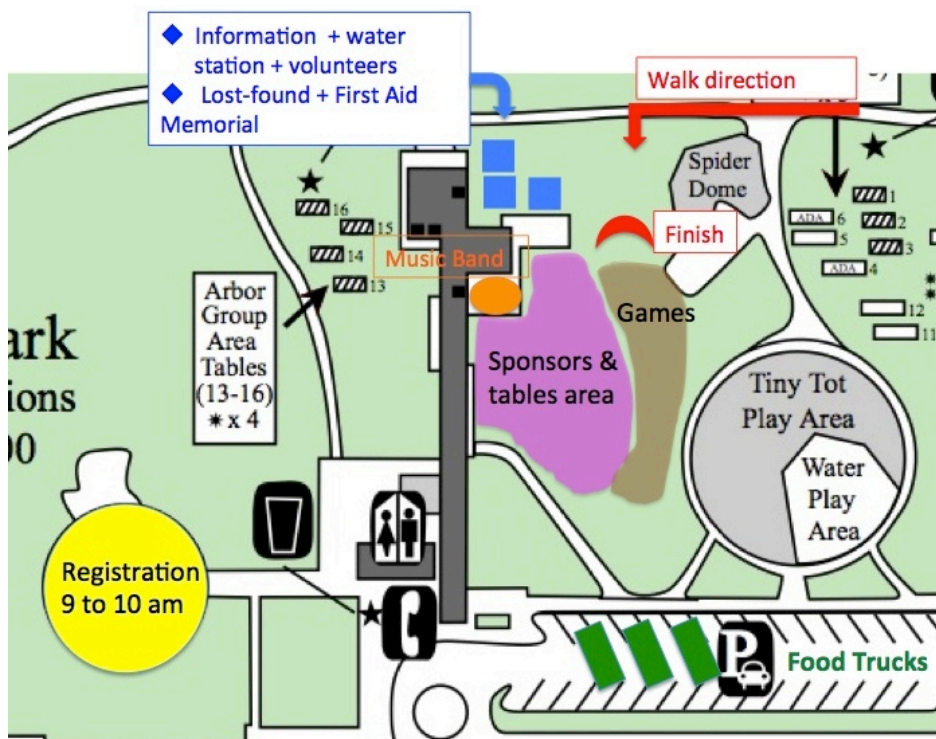
## games, music, food trucks

- Whether you participate as an individual, a family, or a Walk team, enjoy this is a day of remembrance, inspiration and FUN.
- Take a chance at one of our many prizes by playing our carnival games and enjoy the yummy tastings from our food trucks while you listen to entertainment provided by the band Sweet HayaH.



*Stay and share a little more of your time with us...*

Visit our sponsors,  
Enjoy the food trucks,  
Win a prize at our adult and kids games,  
Listen to our live music  
Remember your loved ones at the Memorial area.



## Your donations are deeply appreciated...

Thank you for your support. By being here you are supporting essential community services Kara provides.

Thank you for your gifts.

### Please, be sure to check out our festival participants 2013:

E. F. Harris Foundation Family

[Palo Alto University](#)

[El Camino Hospital](#)

[Lucile Packard Children's Hospital](#)  
[Walgreens](#)

[American Foundation](#)  
[for Suicide Prevention](#)

### Calling all local corporations - big and small:

This is an opportunity to support an organization that has been providing a safety net for our community since 1976. Please consider sponsoring Kara's Annual Walk to Remember. There will be great visibility among the hundreds who participate in this event. We will consider custom sponsorship options at just about any level. Contact us today at:

### Contact :

office@kara-grief.org or (650) 321-5272.

www.kara-grief.org